

Symposium - Milk: Metabolism and Gut



Danish Dairy
Research Foundation

Date & Time	Monday, September 15 2025, at 10:00 - 16:00 (CEST)
Location	Comwell Aarhus, Værkmestergade 2, 8000 Aarhus, Denmark
Registration	Registration to the conference and poster session by email to emiil@arlafoods.com . Please notice the no-show fee*

Program

<u>Time</u>	<u>Subject</u>	<u>Speaker</u>
09:00	Registration & coffee in the Hall	
10:00	Welcome	Andreas Buch Møller <i>Head Arla Food for Health</i>
		Grith Mortensen <i>Chief Consultant Danish Dairy Research Foundation</i>
10:30	My gut feeling about nutrition, gut hormones and metabolic control	Jens Juul Holst <i>Professor University of Copenhagen</i>
11:15	Nutrient sensing and appetite regulation	Nikolaj Rittig <i>Clinical researcher Steno Diabetes Center Aarhus</i>
11:45	Poster pitches	Selected projects
12:15	Poster session and lunch (included)	All projects
13:45	Special milk lipids for health – enrichment through cow feeding or by technology	Lars Wiking <i>Associate Professor Aarhus University</i>
14:15	Bioactive milk lipids for health – metabolic & cardiovascular effects and future perspectives	Andreas Fritzen <i>Associate Professor University of Copenhagen</i>
14:45	Coffee	
15:15	YourGutBrain – bowel habits – a way to effect the gut microbiome and cognition	Henrik Roager <i>Associate Professor University of Copenhagen</i>
15:45	Gut microbiomes love lactose – new insight into the lactose metabolism of intestinal microbiota	Clarissa Schwab <i>Professor Aarhus University</i>
16:15	Concluding remarks	Grith Mortensen <i>Chief Consultant Danish Dairy Research Foundation</i>

For more information about Arla Food for Health and the Danish Dairy Research Foundation, please visit: <https://arlafoodforhealth.com/> and www.danishdairyboard.dk/research/ddrf

*No show fee: 500 DKK