

# Arla Food for Health Conference 2023



ARLA  
FOOD  
FOR  
HEALTH

**Date and time** Monday October 9 at 09:00-16:00 (CEST).

**Location** Steno Diabetes Center Aarhus (SDCA), Palle Juul-Jensens Blvd. 11, Indgang A, 8200 Aarhus N, Denmark. [Online link will be available.](#)

**Registration** By email to [abmoe@arlafoods.com](mailto:abmoe@arlafoods.com)

	Time	Subject	Responsible
Closed scientific session	09:00	Registration and Coffee in the Hall	
	10:00	Welcome	Anne Louise Mørkbak Director Arla Food for Health
	10:05	Opening remarks	Niels Jessen Head of Research SDCA
	10:15	Dairy science and research today and tomorrow	Laurent Le Bellego Director of Science Arla Foods amba
	10:30	Poster pitches	Selected projects
	11:00	Poster session	All projects
	12:00	Lunch	
Open scientific session			
	13:00	Welcome to the open AFH session	Anne Louise Mørkbak Director Arla Food for Health
	13:15	Keynote: Nutritional opportunities and pitfalls in the transition towards healthy and sustainable diets	Frans J. Kok Emeritus Professor Wageningen University
	14:00	FerMets: Matrix characterization and effect of different types fermented dairy products on liver fat, cardiometabolic risk and gut microbiome in men with metabolic syndrome	Faidon Magkos Professor University of Copenhagen
	14:30	Break	
	14:45	YourGutBrain: Yoghurt to alter gut movements and brain function	Henrik M. Roager Associate professor University of Copenhagen
	15:00	DACAPRO: Dairy calcium to promote prebiotic effects in the gut	Hanne C. Bertram Professor Aarhus University
	15:15	Keynote: Diet, cardiovascular disease, and mortality in 24,500 people from 80 countries	Andrew Mente Associate Professor McMaster University
	16:00	Concluding remarks	

For more information on the Arla Food for Health projects, please visit our homepage <https://arlafood-forhealth.com/>